

Jean is a licensed master of Social Work in New York State with trauma informed education and additional training in working with youth diagnosed with Autism Spectrum Disorder.

She started practicing yoga at Balance Yoga and Fitness in January 2013 and is a dedicated yoga practitioner since. Jean decided to participate in the **Yogees Yoga 4 Kids** training to learn how to use yoga with youth in a residential placement to support other therapies.

She and her husband Rick are life long residents in Webster New York and they have two sons, a daughter in law and two grandchildren.