

Nanny. Doula. Hippie. Teacher. Student. Love Inspired Manifester.

I am Nicole. Hi. It's so nice to meet you! I have been educating and supporting families from St. Louis to Rochester to Dallas since 2005. My roles as an Early Childhood Educator and Private Caregiver/Nanny have served most of those years. In 2012, I found an interest and passion specifically for prenatal, pregnancy, and birth preparation. I have since become a birth doula and founded Hatch It Birth Services, helping women navigate their journey through pregnancy, birth, and beyond in a holistic way: preparing and nourishing the body+mind+spirit.

When I was still working as a nanny I found YY4K, or shall I say the Divine timing of the Universe aligned us, in the fall of 2015 during a search for yoga classes for my little friends and myself. After several sessions, I realized how much I really enjoyed the environment that Heather created, and knowing all of the benefits of yoga I thought to myself, I wonder if I could do this too? Well... here I am! (I told you I'm pretty good at manifesting ☺).

In July of 2017, the school I formerly taught at in Plano, TX was undergoing some changes... and they asked me to serve as the assistant head of the school. I am grateful for the opportunity to serve so many little lives at The Orchard School, where I hope to use my yoga training as a part of our program.

In my spare time, I LOVE to travel! So many places on my bucket list, but in the last year I have visited Ireland, Greece, and Egypt! I also really love to make jewelry, specifically Mala necklaces through a project called Sol Mama Malas: handmade jewelry that creates unique malas designed to inspire women to cultivate a life of presence, intention, and love. I live in Dallas with my boyfriend, Clay, and our 12 year old Cocker Spaniel named Kelli.