



## YOGEEES YOGA 4 KIDS 95 HR RYCT TEACHER TRAINING

Are you interested in teaching yoga to kids? Complete your journey with yy4k, the only dedicated RYCS in the Dallas/Fort Worth area. Kids yoga is ALL we do at yogees! Our syllabus is broken down into one practicum and five teaching modules, all of which enhance our chances of positively and effectively providing success for our future teachers and ultimately the children they have the good fortune to teach. Each module can be taken as a stand-alone course or in a series to meet the requirements of 95 hours of instruction to achieve the Yoga Alliance designation of Registered Children's Yoga Teacher. Modules are approximately one weekend per month, beginning twice per year.

Email [goodyoga.heather@gmail.com](mailto:goodyoga.heather@gmail.com) to register or for more information!



### Module 1:

Aug 23, 5-9pm; Aug 24-25,  
8am-6pm \$395 pp  
(deposit or as a stand-  
alone workshop)

### Module 2:

Sept 27, 5-9pm;  
Sept 28, 8:30am-4:30pm

### Module 3/Elective:

Oct 25, 5-9pm;  
Oct 26, 8am-6pm  
Oct 27, Mindfulness  
9am-5pm

### Module 4 & 5:

Nov 15, 5-9pm;  
Nov 16-17, 8am-6pm

Practicum on Own Schedule

\$1330 PIF or \$1470  
payment plan

### THE MAT YOGA STUDIO

18484 Preston Rd. Ste 201  
Dallas, Tx 75252

[www.thematyogastudio.com](http://www.thematyogastudio.com)

[www.yogeesyoga4kids.com](http://www.yogeesyoga4kids.com)